

MARSHALL'S ATA BLACK BELT TIMES

MARSHALL'S ATA MARTIAL ARTS
2900 WIND RIVER, LANE SUITE #138
DENTON, TX. 76210
WWW.MARSHALLSATA.COM

Congratulations!

Mr. Will Lamb, Hunter Lamb, Dylan Lamb.
They will be testing for Black Belt soon and
we will look forward to their Testing.



Marshall's ATA Back-to-School Belt Testing

Marshall's ATA Back-to-School Belt Testing

It's time for the next Marshall's ATA School Belt Testing. We are having a great 2012 Summer at Marshall's ATA. We are calling this the 'Victory Summer'. Our next and final Summer Belt Testing of the 2012 Summer Season is the Back-to-School Belt Testing. We are hosting the Testing at the school from Wed to Fri. Aug 8th to 10th. We will have the Board Break Testing on Wednesday Aug 8th during the regular Camo & Above classes. Brown Belt thru Black Recommended students will break their boards during their class. This is an official segment of the Belt Testing and will be conducted with Official Protocol. Board Breakers will wear their complete white uniform. The Tiny Tiger students will Test on Thursday Aug 9th from 5:15pm to 6:15pm. The White, Orange & Yellow Belt students will test at 6:30pm. The Camo & Above Juniors/Adults will be Testing on Friday Aug

10th from 5:15pm to 7:30pm. Note: There will be no classes on Thursday & Friday Aug 9th & 10th due to the Belt Testing.

Marshall's ATA Closed Aug 4th for the Allen Tournament

Marshall's ATA will be Closed Saturday Aug 4th for the Texas Twister Tournament in Allen, Texas. Please go to the Allen Events Center in Allen Texas and support your school mates as they compete in the tournament. If you will not be competing, there will be no Spectator entrance fee for those wearing their full uniform. Please remember to wear white or mostly white athletic footwear with your dobok. Please no sandals, flip flops or shoes of any color other than white.

SATURDAY, AUGUST 4TH - Allen Event Center

7:00 A.M. Instructor and student registration

7:30 A.M. MANDATORY Black Belt Judges Meeting (Ages 13 & Up).

8:00 - 8:30 A.M. Staging for all XMA & Creative, 17 & under.

8:30 - 8:45 A.M. OPENING

CEREMONIES AND INTRODUCTIONS

8:45 - 10:00 A.M. ALL XMA & CREATIVE Competition, including Tiny Tigers. (17 & under all ranks).

8:45 A.M. ALL Tiny Tigers report to Staging Area. Parents please do not be late. All Tiny Tigers competition (incl. XMA, creative and combat sparring will be held in their rings).

8:45 A.M. Color Belt and Novice Division staging begins. Black Belts will be staged and competing throughout the day.

5:30 P.M. Tournament Ends.

Please do not be late. All Tiny Tigers competition (incl. XMA, creative and combat sparring will be held in their rings).

Leadership Classes for August

Marshall's ATA will host our August Leadership Classes on Saturday Aug 18th & 25th. We will be discussing Perseverance & directing classes using the appropriate floor plans.

Special points of interest:

- Marshall's ATA Closed Sat Aug 4th for Texas Twister Tournament in Allen, Texas.
- Marshall's ATA Back-to-School Belt Testing
- August Birthdays
- Leadership Class Sat Aug 18th & 25th 8:30 - 9:30am
- Marshall's ATA Bullying & Self-Defense Camp Wed, Thur & Fri Aug 15th, 16th & 17th from 8:00 - 1:00pm
- Marshall's ATA will be Closed for the Labor Day holiday Weekend Sat Sep 1st thru Mon Sep 3rd

Tournaments:

Smstr Sustairste's Texas Twister Allen, TX	Aug 3rd & 4th
Songahm Fall Nationals at Disney World Orlando, FL	Oct 16 - 21st, 2012

Victory

"Every action we take, everything we do, is either a victory or defeat in the struggle to become what we want to be."

[Ninon de L'Enclos](#)

Marshall's ATA will Conduct Anti Bullying & Self-Defense Camp

Marshall's ATA will conduct an Anti Bullying, Abduction Prevention & Self-Defense Camp on Wed, Thur & Fri Aug 15th thru 17th, 2012 from 8:00am - 1:00pm. Wed, we will discuss the topic of Bullying in all of its many aspects. We will discuss many ways to make yourself less of a potential target for

Bullying, what steps to take to address a Bullying situation and practical realistic Self-Defense measures to take if the Bullying becomes physically aggressive or violent. We will demonstrate and do partner drills, Thursday, Scenarios & role playing for what happens should you find

yourself an emergency situation or on the ground & needing to defend yourself against one or several attackers. Fri, we will have frank & realistic abduction prevention techniques talk about what to do to keep yourself safe if you are ever inappropriately approached by an adult or are being followed by a stranger.

Marshall's Anti Bullying & Self-Defense Camp

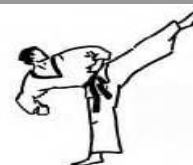
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Marshall's ATA will conduct an Anti Bullying, Abduction Prevention & Self-Defense Camp on Wed, Thur & Fri Aug 15th thru 17th, 2012 from 8:00am - 1:00pm. On Wed, we will discuss the topic of Bullying in all of its many aspects. We will discuss many ways to make yourself less of a potential target for Bullying, what steps to take to address a Bullying situation and practical realistic verbal and physical Self-Defense measures to take if the Bullying becomes physically aggressive or violent. We will demonstrate and do partner drills. On Thursday we will engage in Scenarios & role playing for what happens should you find yourself in an emergency situation or on the ground & needing to defend yourself against one or several attackers. On Friday, we will have frank & realistic abduction prevention techniques talk

about what to do to keep yourself safe should you ever inappropriately approached by an adult or are being harassed or followed by a stranger. This Camp will be fun but we will discuss serious issues during the Camp and it will not be open to our very youngest students. This Camp will be for students 8 years old and up. Many of our practical Self-Defense scenarios will be from a non-martial arts perspective and can be effectively utilized by non-martial artists. The cost of this 3-Day Camp is \$150.00. We will provide snacks and drinks but the attendees are welcomed to bring a bag lunch. Please see Mr. or Mrs. Marshall if you are interested attending our final Marshall's ATA Summer Camp of 2012. We will have a signup sheet at the front desk and will look

Forward to seeing you there.

Marshall's ATA Summer of 2012 As the Summer of 2012 comes to an end, I would like to say a word of thanks to the families and students of Marshall's ATA for attending and supporting the many Camps, Testings, Demos and Activities hosting at Marshall's ATA. We started off the Summer with the Sparring/Fitness Camp & then the Rank Advancement Camp. We went to World Championships and came back to the Weapons Camp. We had our annual Picnic at Waterworks Park and our Demo at the Cowboys Stadium. We recently had our In-School tournament and now we will be participating in the Texas Twister Regional tournament in Allen, TX. We will then have our Back-to-School Belt Testing, our Anti Bullying, Self-Defense & Abduction Prevention Camps to cap off the Summer.



Protocol for Testing

Students must be on a program in order to be eligible to test. Students must wear their traditional white uniform. Any student who is at the testing but not participating is still expected to be wearing their complete uniform. Leadership students are expected to assist in whatever capacity necessary.

Congratulations: Vanessa Bristow, Parker Greaber, Desiree Gonzales, Victoria Lamb & Thomas Turner as they midterm and/or prepare. With hard work & dedication, they may very well be testing for their Black Belt decided at the October (Fall) or December (Christmas) Belt Testing.

Congratulations: to Mr. Will Lamb, Hunter Lamb & Dylan Lamb, as they test for their 1st Degree Decided Black Belt at the Back-to-School Belt Testing.



2012 - Think, Pray, Work, Sweat & Play...Everyday

Smstr Sustaire's Annual Texas Twister Regional Tournament in Allen, TX Aug 3rd & 4th

Marshall's ATA will be Closed Saturday Aug 4th, for the Texas Twister tournament in Allen, Texas

Marshall's ATA Board Break Testing Wed Aug 8th

Marshall's ATA Back-to-School Belt Testing Thur & Fri Aug 9th & 10th

Anti Bullying, Self-Defense & Abduction Prevention Emergency Preparedness Camp Aug 15th thru 17th

Marshall's ATA Closed for Labor Day holiday Weekend Sat Sep 1st thru Mon Sep 3rd.

Olveus Anti Bullying Seminar

Dr. Wendy Middlemiss, PhD will conduct an Olveus Anti Bullying Seminar on September 8th, 2012. Dr. Middlemiss is our resident expert on Bullying Prevention and has conducted several very successful Anti Bullying at Marshall's ATA for our students and other groups in the Denton community. Dr. Middlemiss holds a doctorate in Educational Psychology and is certified in the Olveus Anti Bullying course. Bullying remains a very problematic area of our educational system and students as well as parents need

Guidance and sound information for addressing Bully situations. Bullying remains a frustrating area for students and parents and parents struggle to find ways to talk to and help their child as they endure the pain and confusion that accompanies bullying. It is my firm belief that the self-confidence gained by students taking martial arts classes is very effective in making them less likely to encounter bullying however, this course can give students the tools to recognize and help others who may be being bullied as well.