

**MARSHALL'S ATA BLACK BELT TIMES**

**MARSHALL'S ATA BLACK BELT ACADEMY**  
 4145 E. I 35 SOUTH # 108  
 DENTON, TX. 76210  
 (940) 271-4217

Fall Nationals at  
 Disney in Orlando

XMA Seminar!

Induction Ceremony

Oct thru Dec Birthdays!  
 Coppell Tournament  
 Immaculate Conception  
 Demonstration  
 Fall Testing

## Marshall's ATA Demo at Immaculate Conception

### Immaculate Conception

Team Transitions; The Marshall's ATA demo team performed a day long martial arts demo at the Immaculate Conception Catholic Church's Parish Fall Festival on Sunday Oct 4th. This was a wonderful fund raiser for the church and it was filled with a variety of food, fun, music and activities. There was a raffle, silent auction and cake walk. Mr. Marshall won a cake and presented it to the school as one of the desserts after the school testing. Thank you to Ms. Teresa Meyer for inviting us to participate.

### Fall Testing

Congratulations! To our students who tested at the Marshall's ATA Fall Testing. The testing was a great success and all of the testers performed superbly. Jade Kincaid, Meili Kincaid & Tanner Garmon achieved the rank of Black Belt recommended. Mr. Ian Ivory successfully midtermed and will be working to test for his Black Belt decided at

the upcoming Dec 5th testing.

### Fall Nationals Orlando, FL

The annual ATA Fall National's tournament in Orlando, FL is rapidly approaching. Marshall's ATA will be represented by 2nd degree Black Belt Mr. Christian Williams and the Engel Family. 1st degree Black Belt Mr. Kevin Engel, Mrs. Cindy Engel; green belt, Erin Engel; red belt decided, Carleigh Engel; green belt and Brandon Engel; red belt decided. Our students are having a great tournament year and are poised to take the State Championship honors in many divisions. Several are currently seeded number one in the state of Texas in Forms, Sparring & weapons. See the standings board in the school.



### Coppell Tournament

The Coppell ATA Black Belt Academy will be hosting a regional tournament. The Coppell Classic will be held at the Coppell Middle School in Coppell TX on **Nov 13th & 14th**. This will be a B tournament and is a great opportunity for our students to test themselves against other ATA students of their similar rank and ability. The tournament is local so no need to make cumbersome travel and hotel arrangements. Marshall's ATA is encouraging support of this tournament and will be closed on Saturday November 14th. The uniform is your full white uniform and white or mostly white footwear.

### Annual Marshall's ATA Fall Harvest Festival

Marshall's ATA will host our Annual Fall harvest Festival & Costume Party at the school on **Friday, Oct 30th** from 6:00pm to 10:00pm.

### In This Issue:

- Summer Uniforms End Oct 6th
- Demo at Immaculate Conception
- Fall Testing
- Fall Nationals in Orlando
- Coppell Tournament
- Marshall's ATA Annual Fall Harvest Festival & Costume Party.
- Oct, Nov & Dec Birthdays
- Upcoming Tournaments
- Leadership Class
- December Testing Date
- Black Belt Induction

### Tournaments:

<b>ATA Fall Nationals in Orlando, FL</b>	Oct 21-24
<b>Coppell Texas</b>	Nov 13th & 14th

## Marshall's ATA Fall Harvest Festival & Costume Party

Marshall's ATA will again be hosting our Annual Fall Harvest Festival and Costume Party on Friday October 30th from 6:00pm to 09:00pm. We will have games and prizes for the

best costume (humorous, heroic or theatrical not scary). There will be first, second & third place prizes for the most creative costume and candy for

everyone! No blood or gore please! You are invited to bring your friends to this event at the school.

### Endurance-

"The brick walls are there for a reason. The brick walls are not there to keep us out. The brick walls are there to give us a chance to show how badly we want something."

# Training Program Options at Marshall's ATA

Page 2

There are a number of Training Program Options available to students at Marshall's ATA. Recent conversations with some students shows that there is a need for clarification of these programs. Training Programs run from Basic to Certified Instructor Training (CIT).

## Basic Training

Is a 6 month Basic Program includes 2 classes per week

## Black Belt Club

is a 24 month Black Belt Program includes 2 classes plus 1 per week

## Leadership Program

is an Advanced Program, 2 classes plus 2 Leadership

## Master Club

is a 12 Month Advanced Pro-

gram, 3 classes per week plus one.

**Instructor Training Program** includes Unlimited Classes. This is the path to Certification as an Instructor of Martial Arts in the ATA.

### \* Instructor Program

National Recognition as a ATA Certified Instructor

### \* Access to Leadership Class

Application of Leadership skills and how to teach them.

### \* Lvl 1, Lvl 2 and Lvl 3 Certification

All Certification fees are included with program

### \* Heavyweight Uniform with Black Collar

will receive only on the successful completion of

Lvl 3 certification

### \* ATA Blue Dress Suit

will receive only on the successful completion of Lvl 3 Certification.

### \* Access to All Clinics

Discounted Fee will apply

### \* Career Opportunities

Unlimited Possibilities as an ATA School or Club Licensee

### \* Unlimited Class Time

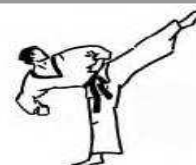
Access to All current rank classes

### \* Xtreme Weapons Training

Kamas, Three Section Staff & Sword

### \* Special Discounts for CIT

Note: Students must be at least 18 years of age to become an ATA Certified Instructor.



## Marshall's ATA

### Welcomes

Will Kudlac

Michael Kaiser

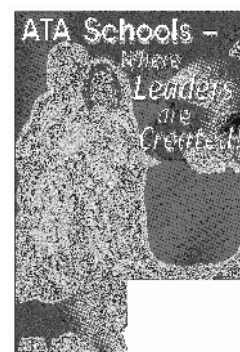
Dawn Kaiser

Maddie Kaiser

Aidan Wooldridge

Austin Wooldridge

Sharon Williams



**Congratulations** to all of the Marshall's ATA students for participating in the October Fall testing and performing so well. I would also like to take this opportunity to say Thank You to all of the Demo Team members who gave so generously of their time to come out and support Marshall's ATA at the demo during the Fall Harvest Festival at Immaculate Conception Church and school. Some of our very own members are members of this church and school and we are honored to have been invited to participate.

I would like to take this space to congratulate all of the families and students for having such an outstanding showing at the tournaments that they attended during this past summer. Marshall's ATA was represented in tournaments as far ranging as Atlanta, Ga, Lincoln, NE, Lake Charles, La, Katy, TX, Littlerock, Ark. Panama City, Fl. and Allen, TX. All of our participants performed extremely well & we are so proud of each of you.

Leadership Class **Thursday October 15th 7:00—7:45pm**

Stranger Danger & Abduction Prevention Buddy Day **Wednesday Oct 14th 5:00-6:15pm**

Marshall's ATA Annual Fall Harvest Festival and Costume Party **Fri Oct 30th 6:00 to 9:00pm**

XMA Seminar **Saturday Oct 31st 12:00 to 2:00pm**

## Child Abduction, Awareness & Self Defense Week at Marshall's ATA

The latest statistics reported over 800,000 missing children last year. That's an overwhelming average of more than 2,000 each day. In a time when parents can't keep their children in their sights 100% of the time, kids need personal safety education. It helps ensure children stay out of harms way, and gives them the techniques and confidence to escape a potentially dangerous situation. "Scaring children doesn't protect them. Empowering them with the appropriate knowledge does." Dr. Bunni Tobias, Licensed Educational Psychologist. Stop Child Predators! "When kids are properly trained they are much safer in today's society, and when they know self-defense and are physically fit, they become very confident and that makes them tremendously safe." Chief Master William Clark, Karate America. Please plan on attending class the **week of Oct 12th thru 17th** as we give this important training from **5:00pm to 6:15pm**



MARSHALL'S ATA 41°45' E. 135° S.  
DENTON, TX 76210

WORD OF THE CYCLE: *ENDURANCE*

► EVERY KID'S A WINNER EVERY KID'S SPECIAL

OCTOBER 2009

#### SCHEDULE OF EVENTS

#### HAPPY BIRTHDAY

Melody Hamilton 10/1

Austin Wooldridge 10/2

Will Kudlac 10/7

Jayne Kraus 10/25

Lyleila Richardson 10/26

Robby Solts 10/12

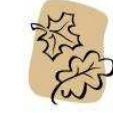
**Next Testing 12/4 Tiny Tigers 6:00 pm**

**12/5 Juniors/Adults White- Black**

**10:00am-12:00pm**

**Black Belt Induction Ceremony**

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
					Tiny Tiger Testing	
4	5	6	7	8	9	10
	Irs/Adults Testing					
11	12	13	14	15	16	17
	Abduction Prevention Week		Buddy Day	Leadership Class		
			Kidz'n Power™ Self Defense, Awareness			
18	19	20	21	22	23	24
				Fall Nationals Orlando, Florida		
25	26	27	28	29	30	31
				Leadership Class	Fall Harvest 6-9:00pm	XMA CLINIC



MARSHALL'S ATA 4145 E. 135 S.  
DENTON, TX 76210

WORD OF THE CYCLE: **ENDURANCE**

► **EVERY KID'S A WINNER EVERY KID'S SPECIAL**

## NOVEMBER 2009

### SCHEDULE OF EVENTS

#### HAPPY BIRTHDAY

Zac Davis 11/1

Tuesday Kissinger 11/25

Robert DaSilva 11/25

**Next Testing 12/4 Tiny**

**Tigers 6:00 pm**

**12/5 Juniors/Adults**

**White- Black**

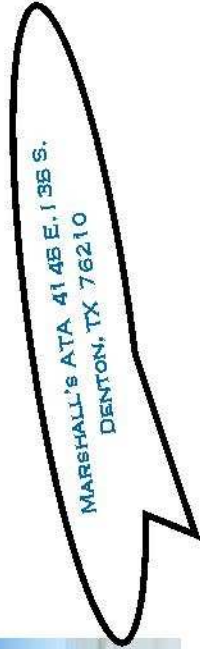
**10:00am-12:00pm**

**Black Belt Induction**

**Ceremony**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12 Leadership Class	13	14 School Closed Coppell Tournament
15	16	17	18	19	20	21
22	23	24	25 School Closed	26 Thanksgiving Day		27 School Closed
28	29	30	1	2	3	4 Jrs./Adults Testing White-Blk 10:00 am
OTOMIX WEEK						4 Tiny Tiger Testing 6:00 p.m.





# DECEMBER 2009

▶ EVERY KID'S A WINNER EVERY KID'S SPECIAL

## SCHEDULE OF EVENTS

### HAPPY BIRTHDAY

*Caroline Christiansen*  
12/9

Brandon Engel 12/9

Carleigh Engel 12/6

Tanner Garmon 12/21

Drew Gatlin 12/1

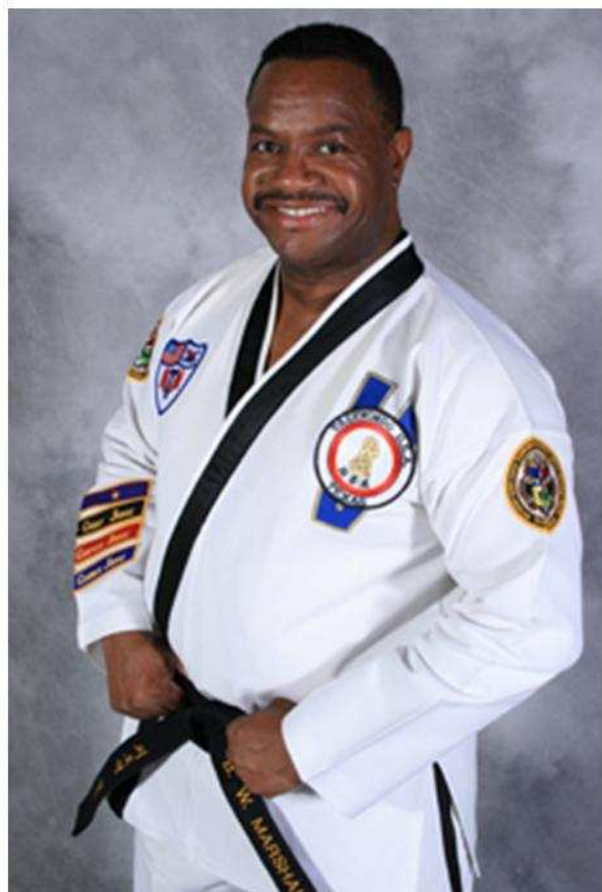
Will Kudlac 10/7

SUN	MON	TUE	WED	THU	FRI	SAT
						5Jrs./Adults Testing White-Blk 10:00 am
OTOMIX WEEK	1	2	3	4Tiny Tiger Testing 6:00 p.m.	11	12Marshall's Christmas Party
6	7	8	9	10Leadership Class	18	19
13	14	15	16	17	25	26
20	21	22	23	24	School Closed	Closed
27	28	29	30	31	School Closed	School Closed

# Mr. Robert W. Marshall Sr.,

## 4th Degree Black Belt, Certified Instructor

## Certified Personal Trainer, Cooper Institute



### Earning a Black Belt

Parents, did you know you're earning a "life skills black belt" right alongside your child? It's true: you're growing and developing as a person, too! You're building those same life skills alongside your child. Because on your part, it takes just as much dedication, discipline and perseverance to push your child to success as it does on your child's part. Maybe more. You cannot put a price on these skills. They cannot be bought. They can only be earned through sweat, tears, hard work and sacrifice. One day, when you send your child off to college as I soon will, you might be concerned: Will they attend class? Will they do their homework? Will they make the right choices? Well, believe me, if your child has earned a black belt at Marshall's ATA Black Belt Academy by that time, you can believe they will. A Black Belt would most likely think..."All the other people in my college are sleeping late, skipping class and turning in mediocre work. They don't workout or eat right, and partying is more important than achievement

to them. Not me. I focus, don't miss classes, get my projects done on time and get excellent grades. As for excuses, don't make me laugh: I learned a long time ago from my instructor that excuses don't work in the real world. Perseverance! Thanks, Mom. Thanks, Dad."

Think back to the day you enrolled your child in our Academy. Isn't this at the heart of it? Wouldn't you agree you're on the right track? Wouldn't you agree your child's martial arts training is helping build the life skill muscles to achieve their goals in later life? I'm sure you do. Remember running from adversity and difficulty is the natural and **normal state** of most people. Look at the animal world: they meet resistance and **run the other way**. True greatness is when you meet challenges head on, blast through those boards and resist those natural instincts. Some are born with this ability, most are not. But with time and dedication, **anybody** can learn these skills. That's a big part of what we teach here. Your child will not always want to come to class, especially when the novelty wears off. Parents, stay committed and reinforce the positive goals taught here. Your child will thank you for pushing them and not letting them quit and making them stick to their goals.

Mr. Marshall

### Preston's Black Belt Journey



When Preston started attending Marshall's ATA in May of 2006, he was a very shy, timid 4 year old. The first day, he would not join the class on the mat. He wanted to watch while sitting on my lap. Once he did decide to join Mrs. Marshall and the rest of the Tiny Tigers, he did not like to be the center of attention. His "Ki-haps"

were inaudible. During testing, Preston would always ensure he was hiding behind Mrs. Marshall so the parents could not see him. One time when his form required him to face the parents, he froze and had that "Deer in the headlights" look. Mrs. Marshall knew she had to block his view from the parents so she slowly moved in front of Preston and got him focused back on his form.

Fast forward 3 years and Preston is now a 1st Degree Black Belt and eagerly working toward his 2nd Degree. Joining the Junior Leadership Program has really brought Preston out of his shell, and he loves to help out with the Tiny Tiger classes. He does not ask IF we are going to Karate, but WHEN are we going...the early class or the late class. He has developed into a real leader who absolutely loves coming to class.

Thank you for all you do working with the younger generation, leading them to be disciplined and respectful individuals with integrity and perseverance. Sincerely,

Stanley and Sylvia Couch