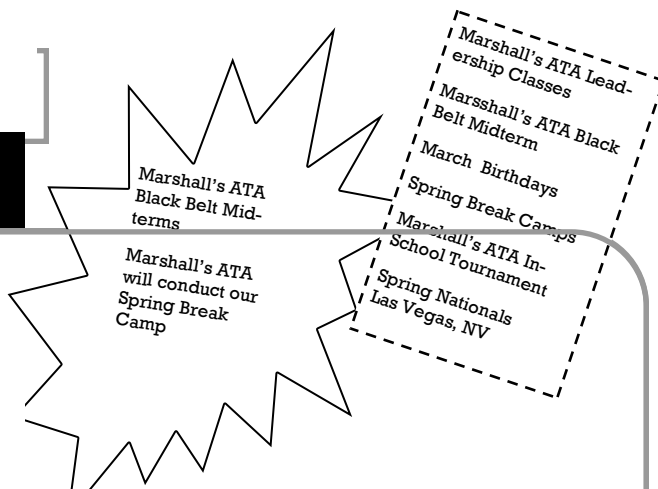


## MARSHALL'S ATA BLACK BELT TIMES

MARSHALL'S ATA MARTIAL ARTS  
2900 WIND RIVER, LANE SUITE #138  
DENTON, TX. 76210  
WWW.MARSHALLSATA.COM



### Marshall's ATA Black Belt Midterm

#### Marshall's ATA Black Belt Midterm

Marshall's ATA will conduct our Official Black Belt Midterm on March 10th, 2012 at 12:00pm. Come see and support our Black Belts as they midterm toward their next Black Belt rank.

#### Marshall's ATA will Conduct our Annual Spring Break Camp

Marshall's ATA will be conducting our first annual Spring Break Camp on March 21st & 22nd from 8:00 to 3:00pm both days. We will have fun as we work on our Forms, Sparring, Weapons, Board Breaks, Self-Defense & Anti-Bullying tactics and techniques. We will see a movie in the afternoon, Dr. Seuss' 'The Lorax' rated PG or Disney's 'John Carter' rated PG13. Cost of the Spring Break Camp is \$75.00.

#### March Leadership Classes

March's Theme will be Loyalty and Class Structure. We will discuss the purpose of the stars on the

floor and why and/or when to line up by height. What to look for during uniform inspections. When students recite the correct oath, what benefits are they getting? Why is Loyalty necessary for trusting others and being trusted?

#### Marshall's ATA In-School Tournament

Marshall's ATA will conduct our final In-School tournament of this tournament year on Saturday March 17th. We will have traditional Forms, Sparring & Weapons competition. We will also have Creative forms & Weapons competition as well as Combat Bahng Mahng Ee Sparring & XMA. We will have the signup sheet out shortly and the cost is just \$35.00 per competitor for all events.

#### Songahm Spring Nationals Las Vegas, NV

The Songahm Spring Nat'l's will be held shortly at the Las Vegas Convention Center in Las Vegas, NV. From March 21st thru the 24th. It will be followed by the Songahm Leadership Camp on March

25th & 26th.

#### Marshall's ATA Post-Testing

We will be conducting the Post Testing for students who were unable to participate in the Testing for the 'Attitude' Cycle. This will be the final opportunity for color belts who would like to be included in the previous Testing cycle. The new White Belt students who have signed up onto a program may be given the opportunity to Test on March 6th during class.

#### Marshall's ATA 2012 School Photo Shoot

Boster Studios will be here on Thur & Fri April 19th & 20th for our School Photo shoot. I will have the session sign up package shortly and will have sign up sheets at the front desk. Please be sure to sign up early as all the choicest times will be taken up quickly. There is no obligation to purchase a photo package. Students must be on a program to participate in the photo shoot.

#### Special points of interest:

- Marshall's ATA Black Belt Midterm March 10th
- Marshall's ATA First Annual Spring Break Camp Saturday, March 17th.
- March Birthdays
- March Leadership Classes on Saturday March 17th & 31st
- Daylight Savings Time Begins this month
- Songahm Spring Nationals in Las Vegas, NV.
- Marshall's ATA School Photo Shoot Coming in

#### Tournaments:

<b>Humble, TX Master Kevin Henderson (A)</b>	Feb24/ 25th, 2012
<b>Songahm 2012 Spring Nat'l's Las Vegas, NV</b>	March 21st thru 24th

#### Preparation

"But to me the bottom line is, the more education you can give yourself, and the more preparation you can do, the less chance of failing."- Stuart Pearce

"Confidence is preparation. Everything else is beyond our control." - Richard Kline

### Marshall's ATA Black Belt Induction Ceremony

Marshall's ATA conducted our Black Belt Induction Ceremony at sunset on Feb 18th, 2012. New 1st Degree Black Belts Daniel Febres and Dawn Kaiser participated. Black Belt recommended students were invited to participate in the

ceremony as well for the first time ever. I was overjoyed to see so many of our highly ranked students there on a cold and rainy night with wonderful sentiments about their training. This is an ancient tradition

that goes back thousands of years and encompasses all martial arts styles and organizations. This ceremony links us to all martial artists everywhere who have chosen to undergo the rigor and demands to achieve their Black Belt.

# Marshall's ATA Summer Camps in June/July

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Marshall's ATA will be conducting our Summer Camps in June & July 2012. Our Fitness/Sparring Camp will be conducted from June 4th thru 8th from 8:00a - 3:00p. The Rank Advancement Camp & testing begins after World Championships June 25th thru 29th. The Weapons Camp will begin on July 9th thru 13th. You can reserve your place in the Camps at an early bird special price of \$175.00 from now until March 1st. From March 1st thru May 1st, the cost will be \$200.00 and from May 2nd until the start of the Sparring/Fitness Camp on June 4th, the cost will be \$250.00. Two Camps can be purchased for \$300.00 ending May 1st. There's no discount for the Rank Adv Camp June 25th - 29th. The price is \$250.00 & it includes the fee for the testing on Friday. The signup sheets are now at the front desk.

## In-School Tournament

Marshall's ATA will be conducting our final In-School tournament of the 2011/12 tournament year on Saturday March 17th (St. Patrick's Day). There will be competition in Traditional Forms, Weapons & Sparring. We will also have a division for Creative & XMA Forms, Weapons and our first ever Combat Bahng Mahng Ee sparring. We will have the Tiny Tigers competition first and then we will have the Juniors/Adults competition. The cost is only \$35.00 to participate in all categories. This event will be an opportunity for our Leadership & CIT students who have been competing and earning points toward a State or World Champ title in preparation for World Championships in Little Rock in June.

## Marshall's ATA Open House

We are in the discussion and planning phase for the First Annual Marshall's ATA Spring Open House. For the next several weeks, we will be undergoing spring cleaning, painting and generally updating the school to freshen it up for our Spring Open House. We will have a weekend finalization before we reopen the doors of the school to the local community and have demonstrations of Forms, Sparring, Weapons, Self-Defense & discussions on the Fitness & Health benefits of regular martial arts training. I would like to assemble a team of dedicated Leadership and student volunteers to do demos and join with me in celebrating our school and sharing it with the local community. I would like to have the Open House in May on the weekend of Memorial Day but this date is tentative for now.



## Protocol for Testing

Students must be on a program in order to be eligible to test. Students must wear their traditional white uniform. Any student who is at the testing but not participating is still expected to be wearing their complete uniform. Leadership students are expected to assist in

**Congratulations** to Miss Mel Brianne Chan, Mr. Brian Chan, and Mr. Casey Ehler on their successful testing for their 1st Degree Black Decided Belt.

**Congratulations** to Mr. Paul Desjardins, Mrs. Kelly Desjardins, Ethan Desjardins, Miss Ciara Gil & Mr. Christian Ubanii on their successful midterm on their 1st Degree Black Recommended Belt. Congratulations to Miss Kylie Hughes & Mr. Ulises Murillo on achieving their 1st Degree Black Belt Recommended Belt.

## 2012 - Think, Pray, Work, Sweat & Play... Everyday

**Marshall's ATA will conduct our Black Belt Midterm on Saturday March 10th at 12:00pm**

**Marshall's ATA March Leadership Classes on March 17th & 31st**

**Marshall's ATA will Conduct our In-School Tournament on March 17th**

**Marshall's ATA Post-Testing date Feb 29th, 2012 & Supplemental White Belt Testing on Tue March 6th, 2012**

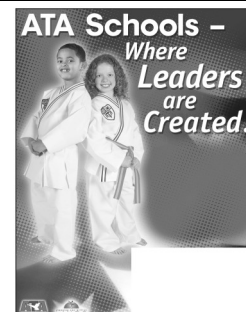
**Spring National Las Vegas, NV March 21st thru 24th, 2012**

**Marshall's ATA will Conduct our Spring Break Camp**

## Marshall's ATA Monthly New Parent Orientation Conference

The effectiveness of our communication is measured by ensuring that all of our families and students are fully aware of the activities and happenings occurring here at Marshall's ATA. I send out a monthly Newsletter and email updates but invariably not everyone is apprised of the monthly activities. We have begun hosting monthly New Parent Orientation Conferences. At the New Parent Conferences, we will explain our practices and policies such as advancement & testing, uniforms and equipment

needed for class, class organization, financial policies, training programs, upcoming school activities. We will answer any questions and/or concerns the parents and students may have about any aspect of their training experience. We will also ask questions to determine how we can best help our current and potential students in accomplishing the goals they may have set for their training. We want to establish that we are a partnership with the parents and families & we are fully committed to changing lives here at Marshall's ATA. There will be pizza & refreshments following the meetings. Next meeting To Be Announced.



# Mr. Robert W. Marshall, Sr.

## 4th Degree Black Belt, Certified Instructor

## Certified Fitness Trainer, Cooper Institute



### The Marshall's Say Goodbye to Diego Duran

Diego Duran will be saying goodbye to Marshall's ATA because his mom has accepted a new work assignment in Tallahassee, FL. Diego came to us 4 years ago when he was 3 and half years old. His dad told us that Diego could not get enough of the movie Kung Fu Panda. He said that he took him to see the movie 4 times. They noticed Marshall's ATA as they were leaving the theater and came in for a visit. They signed up for the Black Belt Club, then the Master Club & the Leadership Club a bit later. Diego was the youngest and most talented of a group of youngsters who started and were training together on a regular basis. Diego was very shy and didn't speak much because he didn't speak much English. Diego learned quickly and was very athletic and motivated to be the best among the group of older kids. I decided to create a new class just for Tiny Tigers who I wanted to have transition into a Juniors Class.

I started the Tiny Tigers class at 4:00pm because the group of six kids who trained as a group were all preschool aged and were coming from home and not school. As they progressed in belt rank, I decided to make it a little bit longer and added 15 minutes on to the class. The popular wisdom back then was that Tiny Tiger classes should only be 30 minutes in length because the Tiny Tigers couldn't focus or tolerate class for any longer than that. Well, this group of kids loved to workout together and since it was the earliest class of the day with no class coming in until 5:00pm, the class sometimes lasted an hour. I decided to make it an officially 45 minute class and made it also a Master Club class in 2010. The other kids in the group did not initially have an interest in testing and advancing but Diego was always working hard toward the next level. I spent more time with him because his parents wanted him to test. I took a few phone calls from the parents of the other kids because Diego was getting more attention. I assured them that it only seemed to be the case because we were all getting ready for the next Belt Testing and the only one from the 4:00pm Tiny Tiger class who was testing was Diego. He was more serious about his training than the others who were more interested in a sort of play date.

The other parents changed their focus and soon they had their kids in Master Club and Leadership and then started working on Testing. I had never had a group of kids this young training so consistently. I had not seen a child so young and talented as Diego since my own son back when he was a Tiny Tiger. The kids became high ranks and with much effort and trepidation, they eventually became Black Belts at 6 and 7 years old. Diego sailed to his Black Belt and was the only one among the group who looked forward to and relished the idea of midterming. He learned the 1st degree Black Belt form and was and still is the youngest student to earn a Black Belt at Marshall's ATA. He is the only 6 year old who proved daily how legitimate his Black Belt status is. He is the only six year old who could perform Shimjun unassisted. He also competed in several tournaments as a Black Belt. He also learned the Oh Sung Do sword form successfully and performed the form as a demo at Testings. Diego was always in class early and earned the Leadership position among his peers in the 4:00pm Class. Diego recently turned 7 years old and was the last remaining original student from that group. He participated in the Black Belt Induction Ceremony. Diego and his family have been such a blessing to us at Marshall's and we will look forward to the day when we see him again. He'll be missed.