

**MARSHALL'S ATA BLACK BELT WORLD**

**MARSHALL'S ATA BLACK BELT ACADEMY**  
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**Christian Williams  
 Tests Successfully  
 for Black Belt!**

World Championships Coming  
 soon June 28th &  
 29th.

2008 Student  
 Photo Shoot  
 June 14th

## Great Spring Belt Testing at Marshall's ATA

**Congratulations** to all of our students who tested at the recent Marshall's ATA Spring Belt Testing. The students were all remarkably well prepared and eager to show what they've learned during this past eight week testing cycle. This was a very challenging testing cycle since the Leap Year testing back in February. Despite all the Ice storms, snow storms, hail storms, and tornadoes, the students persevered in their training. Many students and families also experienced illnesses such as debilitating viruses and flu with the associated aches, pains and lack of energy. Some families went on Spring Break getaways for some much needed rest and relaxation (R&R). Through it all, the students showed up for testing with great attitudes and smiles and showed what a little determination and hard work can produce. I am very pleased with each one of you. Well done!

### Southlake Tournament.

Marshall's ATA was closed on **Saturday April 19th** so that everyone could have the opportunity to participate in the Texas Impact 5 official ATA Tournament. Thirteen of our students went to the tournament and performed their Forms, Sparring or One Steps and Weapons. I would like to take this opportunity to thank the following students for competing in the tournament.

- Summer Lopez
- Luke Hilton
- Triston Hyman
- John Roberts
- Logan Currie



- Christian Williams
- Trinity Germer
- Colton Daggett
- Justin Kragh
- Johntaye Nesty
- Logan Landers
- Grace White
- Owen White

### Congratulations Christian Williams

Please join me in congratulating Mr. Williams for testing successfully and earning his 1st Degree Black Belt at the Spring testing last month. As a member of the Master Club & Marshall's ATA Leadership Team, Christian will continue his pursuit of excellence with us here at Marshall's ATA.

### Marshall's May 2008 Calendar.

- **School Photo Shoot!**
- **May Birthday Celebration Mon -5/26**

### **Special points of interest:**

- **Student Photo Shoot date change**
- **May is T-shirt Month**
- **Next Testing Date with Changes to Age Groups**
- **Sword Clinic Level II**
- **Marshall's ATA Welcomes Tailor Mason.**
- **Congratulations to Christian Williams**
- **Proper Testing / Tournament Attire**

### **Tournaments:**

World Championships Littlerock, AR	6/24 6/29
Allen, TX / A Master Sustaire	8/22 8/23
Katy, TX / A Mr. & Mrs. Frentz	9/12 9/13
Dallas, TX / B Mr. Pechacek	11/15
Fall Nationals / AA Orlando, FL	10/15 10/18

## Proper Testing & Tournament Attire

The traditional Dobok (uniform) is required to be worn by all students and conducting personnel at Marshall's ATA hosted Testings. ATA hosted testings include all testings and/or tournaments

whether hosted inside Marshall's ATA or elsewhere at a sanctioned ATA event. The traditional Dobok is **REQUIRED** to be worn by **ALL** students attending Testings whether they are

Testing or not as a show of respect for the school. Please ensure that all footwear worn with the uniform is **WHITE** or primarily white.

# School Photo Shoot reset for June 14th

Page 2

After speaking to the photo studio to confirm the scheduled martial arts photo studio session with **Boster Photo Kicks**. And after polling the families for their date preferences, we will need to schedule the photo session for June 14th. The original May 17th date has become unavailable. A signup sheet will be at the rear counter.

## Tiny Tiger Values

At white belt level, "Positive Affirmation" is emphasized. At orange and yellow belt, we place emphasis upon "Manners and Values." Using value phrases while practicing material is another method that enables students to learn techniques for advancement not only in their Taekwondo careers, but also in life. The following are some examples that are

currently being used with success.

### **White Belt One Steps**

"Positive Affirmation"

**#1 Stay back, leave me alone, I'm safe!**

High block and say, stay back punch and say, leave punch and say, me Punch and say, alone Low block and say, I'm safe.

**#2 I listen, pay attention, follow directions, I'm a Karate Kid!**

Middle stance and say, I Inner forearm block and say, listen Side kick and say, pay attention Knifehand and say, follow directions Low block and say, I'm a Karate Kid

**#3 I'm polite, treat others right, I'm a winner!**

Low block and say, I'm po-

lite Front kick and say, treat Punch and say, others Punch and say, right Low block and say, I'm a winner

### **Orange Belt One Steps**

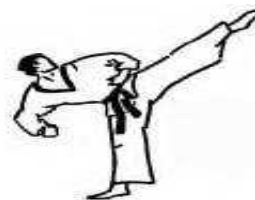
"Manners"

**#1 Courtesy, something I show daily, courtesy!**

Double outer forearm block and say, courtesy Backfist and say, something Reverse punch and say, I Step back and say, show Round kick and say, daily double step back with block and say, courtesy

**#2 Manners, I'm proud to use them, manners!**

Double outer forearm block and say, manners Round kick and say, I'm Reverse punch and say, proud Step back and say, to Side kick and say, to use them Double step back with block and say, manners



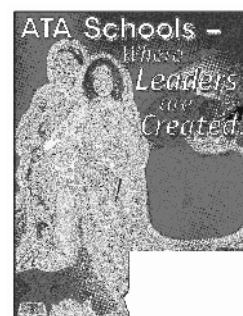
## New Black Belt Club Members

Marshall's welcomes new Black Belt Club member Tailor Mason, Ian & Lexi Ivory.

\*\*\*\*\*Note\*\*\*\*\*

## **Next Testing Date**

The next Marshall's Testing will be held on **June 13th** for Juniors eight years old & over & Adults. We will make an adjustment to the Tiny Tiger testing to include Juniors seven years old and under. The Seven & under Tiny Tiger Testing will be held **June 16th**.



## **Congratulations!**

Well done,  
Mr. Williams on  
your Successful  
testing for your First  
Degree Black Belt.

# Shouldn't We All Have Tiger Values?

**#3 Respect, parents deserve it always, respect!**

Double outer forearm block and say, respect Punch and say, parents Punch and say, deserve it Side kick and say, always Double step back with block and say, respect

## **Yellow belt one steps**

**#1 Self control, controlling my actions, self control!**

Double outer forearm block and say, self control Jump front kick and say, controlling Knifehand and say, my Reverse punch and say, actions Double step back with block and say, self control

**#2 Integrity, choosing right over wrong always, integrity!**

Double outer forearm block and say, integrity Jump front kick and say, choosing Backfist and say, right Reverse punch and say, over Punch and say, wrong Round kick and say, always Double step back with block and say, integrity.

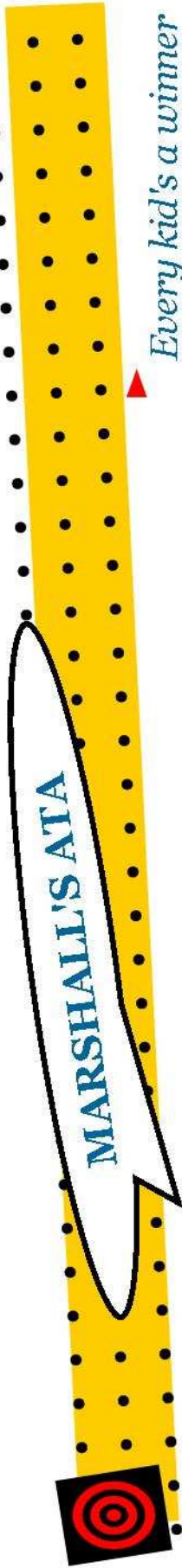
**#3 Honesty, be honest all your life, honesty!**

Low block and say, honesty Backfist and say, be Knifehand and say, honest Step back and say, all Round kick and say, your Step down and say, life Double step back and say, honesty

# The New Word of the Cycle; Loyalty

"The greater the loyalty of a group toward the group, the greater is the motivation among the members to achieve the goals of the group, and the greater the probability that the group will achieve it's goals." Rensis Likert

"Our ultimate freedom is the right and power to decide how anybody or anything outside of ourselves will effect us."  
- Steven R. Covey



Every kid's a winner  
Every kid's special

May 2008      Next Testing June 13th & 16th

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Wk 1				1	2	3
4 Wk 2	5	6	7	8	9	10
11 Wk 3 Mother's Day	12	13	14	15	16 Leadership Class 6:00pm	17
18 Wk 4	19	20	21	22	23	24
25 Wk 5	26 Memorial Day	27	28	29	30 Level II Sword Clinic	31

Happy Birthday



Radlyn Barnes 5/14

Hayden Braack 5/23

Andrew Castro 5/8

Rachel Hodges 5/9

Triston Hymen 5/26

Renee Landers 5/31

Shawn Landers 5/15

Nicholas Lohr 5/28

Cynthia Marshall 5/28

Kyle Williamson 5/9

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**Mr. Robert W. Marshall Sr,**  
**4th Degree Black Belt, Certified Instructor**  
**Certified Personal Trainer, Cooper Institute**



**1st Degree Black Belt**  
**Mr. Christian Williams**



***Thousand of hours training.***  
***Hundreds of hours of classes.***  
***Countless bumps and bruises***  
**ONE BLACK BELT**

It is in the nature of the martial arts discipline for an Instructor to see many students come and go. Many young people today are not taught to have the dedication, determination, perseverance, tenacity & patience it takes to see their long term goals achieved. It is with this understanding that the martial arts takes into consideration as we string together our short term goals into 7 to 9 week testings on the way to Black Belt and beyond. I congratulate Christian Williams on staying loyal to his course and achieving his First Degree Black Belt. Christian overcame many challenges during his journey. Each student touches their Instructors in a special way as they learn to embody the attributes they attempt to pass on to them during their training. Well done, Christian on the end of the first phase of your training. Now, begins the next phase of your training and your new beginning,

April 13, 2008  
 Mr. & Mrs. Robert Marshall  
 Marshall's ATA  
 4145 E. IH-35 S #108  
 Denton, Texas 76210

Dear Mr. & Mrs. Marshall:

It does not seem possible that in less than two years Christian has progressed to the point that he will be attempting to achieve the ultimate goal in ATA on April 25<sup>th</sup>: to earn his black belt.

We had unsuccessfully introduced Christian to other sports. Although we had doubts, we brought him to a summer camp in 2006, and it was great to see him achieve immediate success by earning his "orange" belt in just that one week. Even with his learning differences,

ATA has given Christian the chance to excel and the self-confidence to know he can achieve goals.

We also must express appreciation to both of you for your patience and dedication in helping Christian move through the various belts. You both helped him gain the confidence for accomplishments that we sometimes felt he might not be able to do.

Overall the ATA experience has been excellent for Christian and for us. We believe that his working hard and achieving goals at ATA will be invaluable as he matures and moves on in life.

Sincerely,  
 Don & Sharon Williams