

MARSHALL'S ATA BLACK BELT TIMES

MARSHALL'S ATA MARTIAL ARTS
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Marshall's ATA
State Champs
2010

Memorial Day
Belt Testing
Summer Programs

May Birthdays
Grand Opening of
Marshall's ATA
Unicorn Lake
World Champion-
ships Little Rock

Marshall's ATA 'School's Out for Summer' Belt Testing

Marshall's ATA Hosts our Early Summer Belt Testing in May

Marshall's ATA will host our 'School's Out!' early Summer Belt Testing on Thursday May 27th, 2010. This will be a testing for all ranks White through Black Belt. We are very excited about this belt testing because we will have four of our Best & Brightest students testing for their 1st Degree and 2nd Degree Black Belts. Please come and show your support for Preston Couch, Kevin, Erin, Brandon Engel & Sophia Richardson as they pursue their 1st Degree & 2nd Degree Black Belt in the American Taekwondo Association (ATA), the Songahm Taekwondo Federation (STF) and the World Traditional Taekwondo Union (WTTU). The sign-up sheet is at the front desk now. Last day to pay for the testing is Thur, May 20th.

Marshall's ATA Texas State Champions for 2010

Congratulations and well done! to our competition

team students who worked so hard to win the crown of 2010 Texas State Champion. **Christian Williams** won Texas State Champion for Forms, Sparring, Traditional Weapons (for the 2nd year in a row) and Creative Weapons. **Mr. Kevin Engel** won State Champ for Forms, Sparring & Weapons. He will also compete in the Tournament of Champions at World Championships in Littlerock, Ark as a Top 10 competitor. **Mrs. Cindy Engel, Erin Engel** and **Carleigh Engel** won for Traditional Forms & Sparring. **Brandon Engel** who is a Black Belt candidate won for Traditional Forms. **Mrs. Sharon Williams** is State Champ for Forms & Sparring.

Marshall's ATA Summer Camps

We are planning a **Summer Weapons Camp** emphasizing single & Dbl weapons and the Katana Sword. The **Summer Rank Camp** will be an opportunity for color belts with the initiative to challenge themselves to learn a new Belt Rank and test on the material in one week's time. We

are also planning a **Summer Fitness and Sparring Camp**.

Fit & Sparring Camp

Mon June 7th - 11th Bring your gear and bring your lunch for this challenging Fitness/Sparring Camp

Weapons Camp

Mon Jun 14th - Jun 18th

Next Level Rank Camp

Mon Jun 28th—Fri Jul 2nd

All Camps are \$200.00 and students will receive a \$50.00 discount if paid by May 27th. Camps are in session from 9:00am thru 1:00pm

World Championships

Grand Master Soon Ho Lee 9th Degree Black Belt will host the 2010 World Championships at the Statehouse Convention Center in Littlerock, Ark from June 21st thru June 27th. Mr. Christian Williams & Mr. Kevin Engel will be competing for the title of World Champion in Forms, Sparring and Weapons for 2010.

Special points of interest:

- Marshall ATA Texas State Champs
- School's Out for Summer Belt Testing
- Tiny Tigers Testing at 4:00pm. Juniors/Adults starts at 5:30pm
- Marshall's ATA Summer Camps
- May Birthdays
- World Championships
- Leadership Classes on May 13th & 20th – *bring your books*

Tournaments:

World Championships in Littlerock, Ark	6/21 To 6/27
Smstr Mark Sustaire Allen, Texas	8/6 to 8/7

Helpfulness

"A leader is one who knows the way, goes the way and shows the way." John C. Maxwell

"One of the hardest things in this world is to admit when you're wrong. And nothing is more helpful in resolving a situation than its frank admission." Ben Disraeli

Marshall's ATA Leadership Class Theme is Respect

The **Leadership** classes for May are scheduled for Thursday May 13th and May 20th. The monthly theme for the Leadership class is 'RESPECT' How do we define the term 'respect' for AGES 3-6? "Respect means to admire and

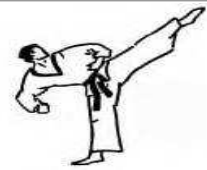
obey." How do we define the term 'respect' for AGES 7-13? "Respect means to admire, appreciate and obey." How do we define the term 'respect' for AGES 14+? "Respect means to admire, appreciate, regard

and serve others." Why do all people and all things deserve our respect as well? They have intrinsic (natural, deep-seated) worth, though it is often unknown to us. On some level we are all one (connected). Leadership Classes begin at 7:30pm

Marshall's ATA Market Square at Unicorn Lake

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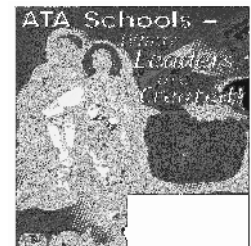
Marshall's ATA is nearing completion and with the installation of our new sign, we will be officially done with our transition to our new home here at Market Square at Unicorn Lake. We will announce our Grand Opening in our June Newsletter. Some people have asked me 'why did we move from our previous location at Gateway Plaza over on the east side of the I-35 freeway?' Well, there are many compelling reasons and I will share a few with you in this Newsletter. Market Square at Unicorn Lake fronts I-35E which is traveled by approximately 115,000 cars a day venturing in and out of the Greater Dallas Metroplex. This makes the development easily accessible, strategically visible and very convenient. Market Square at Unicorn Lake is also located within a 5 mile radius of some of Denton's major employers such as University of North Texas, Texas Women's University, FEMA Region 6, Denton Regional Medical Center, Sally Beauty Company, Peterbilt, Jostens (Class Ring Manufacturer), Denton State School and James Woods Auto Park. Many businesses have already acquired prime positions within the development such as the Cinemark 14 theaters, The Pourhouse Grill and Sports Bar, and Brickhouse Gym. Hilton Hotels has also acquired a location near the water's edge and is planning a new Homewood Suites by Hilton (a 107-room extended stay hotel). Other businesses that have invested in Market Square at Unicorn Lake include Dogwood Estates (Independent Living), Washington Federal Savings & Loan & Town Center Bank, Café DuLuxe, Brinker Medical Management Group, Total Eyecare (a 12,000 square foot medical building), and 22,000 square feet of Medical office buildings nearby with a pad site sold for Spring Creek Barbecue, and 3 acre site for medical and professional offices. Foundation Management (a 45,000 square foot home health-care/hospice training facility).



Protocol for Testing

Students must be on a program in order to be eligible to test. Students must wear their traditional white uniform. Any student who is at the testing but not participating is still expected to be wearing their complete uniform. Leadership students are expected to assist in whatever capacity necessary.

Congratulations Christian Williams 2010 State Champion in Forms, Sparring, Weapons and Creative Weapons. Congratulations are in order for Mr. Kevin Engel 2010 Texas State Champ in Forms, Sparring & Traditions Weapons. Mrs. Cindy Engel is State Champ in Forms & Sparring, Erin & Carleigh took Forms & Sparring as well. Brandon took State Champion honors for Forms. Well done to our competition team.



2010 - The Year of Impossible Possibilities

Saturday May 8th, T&C Salon Grand Opening Demonstration in Hickory Creek

Saturday May 15th, Zachary Hutchinson Birthday Party

Thursday May 27th, School Belt Testing (All Ranks)

Saturday June 5th, Closed for High School Graduation Ceremony at UNT

June 7th thru 11th Summer Camps at Marshall's ATA

June 14th thru 18th Rank Camp

June 28th thru July 2nd Fitness Camp

New Marshall's ATA Board Break Policy

Marshall's ATA will conduct an official **Board Break Testing** on Wed May 26th during the Camo thru Red class. This is an official policy change to the way we currently conduct the board break portion of our school testing. Only brown thru Black rec belts will be required to break boards at this board break testing. Since this will be the official board break portion, all the board break protocols will apply. The students will select the appropriate board break options and choose his/her boards. They will be allowed *Three Official Attempts* to break their boards. If the student is successful, he/she will be awarded their 3rd stripe indicating that they are authorized to take part in the school testing. If the student is not successful on their 3rd attempt they will not be awarded their third stripe and may be allowed to test at a later date.

Mr. Robert W. Marshall Sr.,

4th Degree Black Belt, Certified Instructor

Certified Personal Trainer, Cooper Institute



A letter from the Gatlin Family

This is a very kind and inspiring letter from a wonderful family that we had the pleasure of calling our friends here at Marshall's ATA. It is my honor to share it with you. From Mr. Clay Gatlin:

Wow! It's been too long. Things have been pretty crazy with the Gatlin family to say the least. We finally sold our house last week, and are set to close on one here in a couple weeks. We commute to the church about 40 minutes right now. Our new home will be 10 minutes away. The boys are finishing up in one school, and will be starting all new schools when we move into our house. There have been so many changes, and they have been champions through them all. I say that because I believe Marshall's ATA had much to do with the confidence, integrity, fortitude, endurance, honesty and perseverance they have displayed. They all still use

Drew works out and does his forms in the basement 3-4 days a week. There are no ATA places out here in the sticks (where we are staying with my brother at the moment), so they are having to do it all themselves. All is well here. How are you guys? How is Marshall's ATA? How are your kids and beautiful grand-baby? The boys ask about you guys, and they just told me to tell you Hi! Josh says "I incredibly miss them." Ethan says "I miss you really badly." Drew is overwhelmed with the absence of Marshall's ATA in his life. Love you guys! We think of you often and pray God's richest blessings on your family, school and ministry! Tell the school "Hi, and we miss you!"

State Championship Family / Two Time State Champion



Congratulations! To the Engel Family. Mr. Kevin Engel, Mrs. Cindy Engel, Erin, Carleigh and Brandon Engel. They had a very memorable tournament year. The entire family traveled together and competed in 21 ATA tournaments held in ten different states, over 10 months. They all had to fight through injuries and fatigue and performed wonderfully during their tournament competitions. The Engels; all tremendous competitors, will be awarded their Texas State Championship titles for 2010. Mr. Engel is not done yet as he will be competing in the Top 10 for World Championship in Little Rock, Ark this Summer.



Congratulations are in order for Mr. Christian Williams. Christian won Triple Crown State Championship honors in the State of Texas in 2009; that's Forms, Sparring & Weapons. Mr. Williams has again taken the State Championship honors for Texas in 2010 and this time has added a championship in a fourth category; that of Creative Weapons. Mr. Williams is a very hard working Black Belt and loves to compete. Mr. Williams will be continuing his winning ways this summer in Little Rock, Ark as he will also be competing as a Top 10 competitor for World Championship in Forms, Weapons, Sparring and XMA Creative Weapons forms. We will be pulling for you Mr. Williams.