

MARSHALL'S ATA BLACK BELT WORLD

MARSHALL'S ATA BLACK BELT ACADEMY
4145 E. I 35 SOUTH # 108
DENTON, TX. 76210
(940) 271-4217
WWW.MARSHALLSATA.COM

School Closed Monday
Sept 1st for Labor Day

Summer Uniforms
Extended thru September

Self-Defense Clinic!
Mr. Mrs. Frentz host
'Release the Power'
Tournament in Katy,
TX.
Red & Recommended Black Belt
Clinic.
Leadership Class
Costumer Party
Coming in October!

Marshall's ATA will be Closed for Labor Day holiday

School Closed for holiday

Marshall's ATA will be closed Sept 1st for the Labor Day holiday. See you Tuesday.

Summer Uniforms

Marshall's ATA will be extending the Summer Uniforms policy through September. The full white uniform will be required beginning October 1st.

Buddy Day Self-Defense Clinic

Marshall's ATA will be conducting a Street Clothes Self-Defense clinic on Thursday September 11th from 5:30pm to 7:30pm.. We will work on belt specific self-defense, school self-defense and anti bullying applications. This seminar will not be a sparring class and uniforms are not required. Participants are encouraged to bring a friend and wear comfortable clothing for this clinic. First 5 signups are \$35.00 and \$50.00 thereafter.

Katy Tournament

Carol & Jerry Frentz and the staff and students of Katy ATA will be hosting a Class A tournament event near Houston at the Merrill Center 6301 South Stadium Lane in Katy, Texas on Sept 12th & 13th. The theme of this year's tournament is Release the Power. For those of you attending, there are several hotels to select from at a special ATA discounted rate.

Comfort Inn & Suites

22025 Katy Fwy at Mason Rd
281-392-8700
1 Double or King at \$99.45 + tax

LaQuinta Inn & Suites

22455 Katy Fwy Feeder
281-392-9800
1 Double or King at \$109+tax



Red & Black Belt Recommended Clinic

We will be conducting a clinic specifically for our Red & Black Recommended students. We will work on Forms (Exodus), Weapons (SBME), Board breaking, Self-defense & Sparring. The clinic will be held on Friday September 12th from 5:30 to 8:00 pm. The cost is \$35.00 per student.

Marshall's September 2008 Calendar.

- Closed for Labor Day Holiday
- Street Clothes Self-Defense Clinic
- Mr. & Mrs. Frentz host tournament in Katy, TX.
- Black Rec forms & Board Break Clinic
- Sept Birthdays
- Parent's Night Out
- Leadership Class
- Costume Party &

Special points of interest:

- Marshall's ATA will be closed Monday Sept 1st for Labor Day holiday
- Buddy Day Street Clothes Self-Defense Clinic 9/11
- 'Release the Power' Tournament in Katy, TX
- Recommended Black Belt Forms & Board Break Clinic.
- September Birthdays
- Marshall's ATA Welcomes New Students
- Marshall's ATA Leadership Class

Tournaments:

World Championships Littlerock, AR	6/24 6/29
Allen, TX / A Master Sustaire	8/22 8/23
Katy, TX / A Mr. & Mrs. Frentz	9/12 9/13
Dallas, TX / B Mr. Pechacek	11/15
Fall Nationals / AA Orlando, FL	10/15 10/18

Parent's Night Out

It's been a while now since we hosted a Parent's Night Out (PNO) at Marshall's ATA. There have been several requests for a PNO, so we will be hosting a Back to School (Beginning School) Parents'

Night Out on Saturday Sept 20th from 6:00 to 10:00pm. We will have fun & games, movies, drinks, pizza and popcorn. The PNO lock in will be in the supervised safety of Marshall's ATA.

Juniors are encouraged to volunteer with the games and will receive two class credits. The cost will be \$25.00 per student \$20.00 for Master Club.

Leadership Classes for September

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We will begin teaching the life skills curriculum in August. We will start off with our Leadership Team and later expand the curriculum to our other students: There are 9 belt specific Life Skills and each rank will have a specific Life Skill that they will be responsible for learning each week.

Confidence (White)

- 1) Practice
- 2) Self Image
- 3) Visualization
- 4) Stand Tall

Attitude (Orange)

- 1) Positive Thought
- 2) Resolve
- 3) Expectation
- 4) Willpower

Goals (Yellow)

- 1) Specific
- 2) Motivating
- 3) Achievable
- 4) Relevant
- 5) Trackable

Respect (Camo)

- 1) Manners
- 2) Follow the Rules
- 3) Communicate
- 4) Thoughtful

Self-Esteem (Green)

- 1) Unique
- 2) Brave
- 3) Proud
- 4) Appreciate

Persistence (Purple)

- 1) Diligent
- 2) Consistent
- 3) Tenacious
- 4) Drive

Focus (Blue)

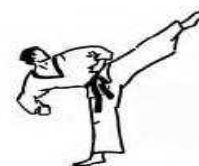
- 1) Concentrate
- 2) Train Hard
- 3) Expectation
- 4) Foresee

Discipline (Brown)

- 1) Self-Control
- 2) Leadership
- 3) Responsible
- 4) Plan

Integrity (Red)

- 1) Honesty
- 2) Character
- 3) Trustworthy
- 4) Conviction



New Members

Marshall's ATA welcomes new member:

Dewey Midlemiss,
Sophia Richardson

*****Note*****

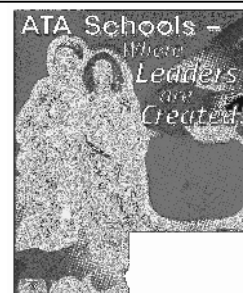
Thank You

Thank you Mr. Mason for coordinating the August birthday celebration. Your time and generosity are much appreciated.

Marshall's ATA will have a festival & Costume Party (humorous, heroic or theatrical not scary) at the school on Saturday **October 25th** from **6:00 to 8:00pm**. There will be first, second & third place prizes for the most creative costume. No blood or gore please!

Allen Tournament Participants

Thank you and congratulations to our Allen tournament participants. Your winning attitudes, great smiles and spirit of friendly competition made the Allen tournament a success. What a day! The tournament was held on Aug 23rd at Southfork Ranch. Thank you to Mr. Andrew Castro, Mr. Christian Williams, Miss Summer Lopez, Mr. Jake Tanis, Preston Couch, Luke Hilton, Dewey Middlemiss, John Roberts, Nicholas Lohr, Ian Ivory, Tailor Mason, Camden Lohr, Johntaye Nestye and Radlyn Barnes. I was so proud of each one of the competitors from Marshall's ATA.



Congratulations! Madolyn McPhail

Best Junior Handler 2nd year in a Row!!!

Madolyn McPhail is the Best Junior Handler Scottish Deerhound Club of America Western Regional & National Specialty. We are proud of your accomplishment.



The Word of the Cycle is Perseverance

Great works are performed not by strength, but by perseverance. - Samuel Johnson

Home run hitters strike out a lot. - Reggie Jackson.

History has demonstrated that the most notable winners usually encountered heartbreaking obstacles before they triumphed. They won because they refused to become discouraged by their defeats. - B.C. Forbes

I am a slow walker, but I never walk backwards. - Abraham Lincoln



MARSHALL'S ATA MARTIAL ARTS

► Every kid's a Winner
Every kid's special

September 2008

NEXT TESTING October 3rd/6th
Final testing of the year Dec. 5th/6th

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3rd week	1 Labor Day School Closed	2	3	4	5	6
7 4th week	8	9	10	11 Buddy Day Self- defense 6-7:30 pm	12	13 Katy Tournament
14 5th week	15	16	17	18 Leadership Class 7-7:45pm	19 Red-Black Rec. Clinic 6-8 pm	20 Parents Night Out! 6-10pm
21 6th week	22 6-7pm September Birthday Celebration	23	24	25	26	27
28 7th week	29 Otomix Week	30	1	2	3 Testing Tiny Tigers 6-7pm	4 No Tiny Tiger Class

Happy Birthday

Jeff Kohnfelder 9/16
Rylan Whitworth 9/8
Logan Currie 9/26
Preston Couch 9/13
Malcolm Buckner 9/7
Dekoda Williams 9/14
Madolyn McPhail 9/23
Alan Au 9/27
Jackson Holman 9/13
Blake Haubold 9/22
Robert Marshall Jr.
9/19

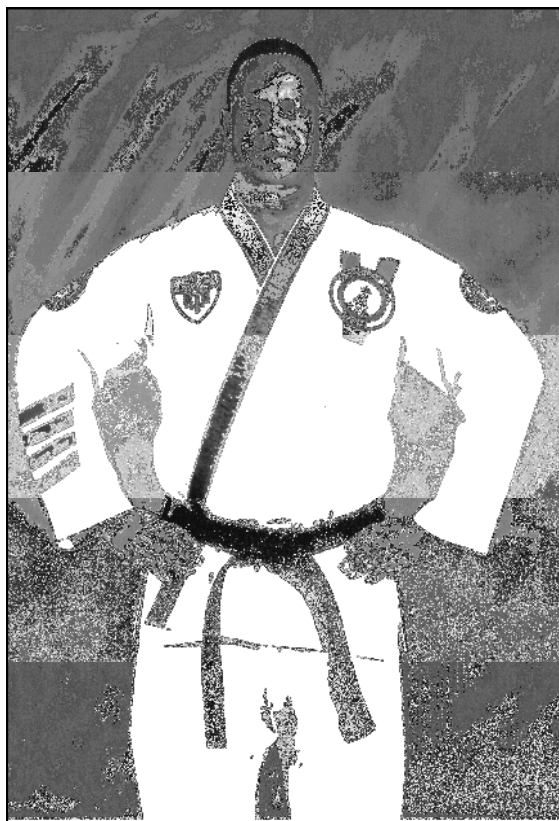
4145 E I 35 South
Suite 108
Denton, TX 76210

Phone: 940-271-4217
Fax: 940-271-4218
E-mail:

Mr. Robert W. Marshall Sr.,

4th Degree Black Belt, Certified Instructor

Certified Personal Trainer, Cooper Institute



Knowledge of the Life Skills curriculum for your specific belt rank will be required for juniors to receive their 3rd knowledge stripe. High 5's & blue stars will be presented for each phase.

Confidence (White)

"Whatever the mind of man can conceive and believe, it can achieve." Napoleon Hill

Attitude (Orange)

"Attitudes are contagious. Is yours worth catching?" - Unknown

Goals (Yellow)

"Setting a goal is not the main thing. It is deciding how you will go about achieving it and staying with that plan." - Tom Landry

Respect (Camo)

"Respect is something that is earned, not commanded." Patrick Lewis

Self-Esteem (Green)

"Of all the judgments we pass in life, none is more important than the judgment we pass on ourselves." - Nathaniel Branden

Persistence (Purple)

"It's not that I'm so smart, it's just that I stay with problems longer." - Albert Einstein

Focus (Blue)

"Don't waste time calculating your chances of success and failure. Just fix your aim and begin." - Guna Yin Tzu

Discipline (Brown)

"With self-discipline all things are possible." - T. Roosevelt

Integrity (Red)

"Integrity is doing the right thing, even if nobody is watching." - Jim Stovall

Private Lessons

We offer private lessons by appointment. These sessions enable students to receive intensive one-on-one instruction. They are a great way to prepare for an upcoming graduation or tournament, or simply to improve your skills. You can select an area of focus - forms, one-steps, sparring, weapons, kicks, blocks, self-defense, etc. - or we can choose for you. The cost is \$25 per half hour of instruction. You may schedule a private lesson by calling Mr. or Ms. Marshall at 940-271-4217.



Has joined efforts with
Marshall's ATA & Karate For Kids

To help you keep your family active!!!
940-808-1407

For your children, we offer:
Door to door service (prearranged locations)
GPS tracking devices on all shuttles

One Way, Day/Weekly/Monthly Service available

Electronic notification to parent upon delivery

To make a reservation, please visit Mykidshuttle.com
Let us help you create new possibilities for your family!

My Kid Shuttle, Inc. was formed to provide a unique, reliable and safe transportation service for our children in the Denton County area. We are fully licensed and insured and are ready to help you. Our objective is to get your child to school, daycare, after school programs, soccer practice, music lessons or wherever your child's schedule demands. We are committed to your family's success. Consider an alternative to make your life easier.